

The Benefits of Leaders Who Work With a Coach

By Chemistry Consulting Group

"A leader can attend a workshop, read a book or complete a leadership assessment, but the real development often happens when they have an opportunity to talk through how those ideas apply to the challenges they are actually facing. What do I do when a member of my team is not performing? How do I have a difficult conversation without damaging the relationship? Am I delegating enough? Why does my team respond differently to me than I expect? How can I lead through organizational change without losing people along the way?..."

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Recommended Reading

Coaching is Becoming a Core Leadership Skill for Frontline Managers



SHRM

"Every day, decisions made by frontline managers affect more than business results. They shape how employees learn, develop, and adapt in the workplace. As a result, coaching is fast becoming a requisite for the frontline leadership..."

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European Journal of Training and Development

Emerald Publishing

"The purpose of this study is to provide leaders' perspectives on their own and their peers' perceptions of how coaching influences their leadership practice. Prior research shows that coaching can improve leadership effectiveness, self-awareness and workplace performance..."



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Leadership Development and Coaching Programs



Chemistry Consulting Group

"Chemistry Consulting Group specializes in helping organizations unlock the full potential of their leaders and high-potential employees. Through targeted leadership development programs and executive coaching, we create the conditions for stronger engagement, healthier workplace cultures, and a sustainable pipeline of growth-oriented leaders..."

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September 2026

The unemployment rate increased to 6.5% in September.

Employment declined by 68,000 (-0.3%) in September and the employment rate fell 0.2 percentage points to 60.6%.

Unemployment Rate Across Top Canadian Cities

Vancouver, BC	6.5
Victoria, BC	5.3
Kelowna, BC	9.3
Calgary, AB	6.3
Toronto, ON	6.9
Montreal, QC	6.8

The Daily Labour Force Survey - September 2026

Whether you're enhancing HR processes, building your team through professional recruitment, or investing in leadership development, we're here to help.

Contact **Chemistry Consulting Group** for a consultation.

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